

Lanarkshire Acute Hospitals NHS Trust



INSTRUCTIONS FOR ROUTINE SEMINAL ANALYSIS

Information for patients



INSTRUCTIONS FOR ROUTINE SEMINAL ANALYSIS

The male partner has to produce a specimen of seminal fluid (*sperm*) and this specimen has to be handed in to **THE ANDROLOGY LAB** (*at Monklands Hospital on the first floor administration level within the infertility unit*) It is necessary for you or your GP to make an appointment by phoning **01236 748748 ext. 3084**.

Appointment times are on Tuesdays between 8.45 and 9.15

Please hand your purple form to the receptionist and take a seat in the waiting area. One of the scientists will see you to check details and ask a few questions. Without this information it may be impossible to process the sample.

Other important things to note

1. Only plastic specimen containers, supplied by the hospital, will be accepted by the Biomedical Scientist.
2. The specimen must be fresh ie produced by masturbation and should not be more than 2 hours old before being handed into the laboratory.
3. Do not subject the specimen to extreme cold or heat from the time of production until it is handed in at the laboratory (*it is best to keep the specimen as close to the body temperature as possible*).
4. You are advised to abstain from ejaculation for 3-5 days before producing the specimen as this will give the best specimen for analysis (*very short or long periods of abstinence can give misleading results*).
5. If the specimen is not complete (*i.e. the whole specimen is not in the container*), this should be indicated when handing in the specimen at the unit.
6. You will also be asked at what time the specimen was produced.
7. A sterile container for the specimen is provided. Please do not break the seal until just prior to sample collection. Please fill in the name and the address of the husband/partner and the date and time of production of the specimen.

Following this investigation, a report of the analysis will be sent to your Consultant or GP.

Please do not ask or phone the laboratory for your results, as the laboratory staff are unable to discuss or comment on your test results. Please make an appointment with your Consultant or GP to have your test results explained.