

## A word from the Chaplains

Information for patients from the Maternity Services

If you need this information in another language or format, please contact the NHS Lanarkshire General Enquiry Line on 08453 130 130 or e-mail info2@lanarkshire.scot.nhs.uk

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## A WORD FROM THE CHAPLAINS

To lose a baby is probably one of the hardest things you will ever have to deal with in all of your lives. All the hopes, all the promise, all the planning. All the names you have picked and the excitement you felt are snatched away in an instant.

The Maternity staff will care for you very tenderly and very professionally but sometimes you need another carer. Someone who will not visit you with a stethoscope and examine you.

You see you need not, nor should you deal with all this on your own. We are here. We are not here because you belong to a faith group or a church. We are here for you.

We are here to listen. We are not here to judge or give explanations. We are here to listen to you, to cry with you and to reassure you.

Maybe it is all too raw at this moment in time. That's okay we are here all the time. Our phone number is at the foot of the page. Or call in and see us. The door is always open.

We can put you in touch with other professional groups who have a lot of expertise in this area.

We can arrange a blessing for your little one, help you plan a funeral and conduct the service for you if that is your wish.

We hold memorial services in the hospital every year specifically for people who lave lost babies or had miscarriages.

Located within the Spiritual Care Department are the Sanctuary and a Quiet Room, where you are free to come and sit in and possibley find a bit of peace - again it doesn't matter what faith group you belong to or even if you belong to none.

Come through the doors and sit a while.

If you do belong to a faith group we can get in touch with them for you, if you wish.

We also bring our own expertise. We have been hospital chaplains for more than 20 years.

Do not travel this path alone.

We are here to help you.

## 01698 366779

This number will take you straight to the Spiritual Care Department.